

Client: red24 plc
Source: Cynon Valley Leader
Date: 31 May 2007
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Tips for travel safety

As we find ourselves in the middle of the exam season, students are starting to think about how to spend their gap year. While devoting time to finding the perfect trip, it seems that a significant proportion of would-be travellers give little thought to their personal safety. Statistics show that 71 per cent of young people don't see insurance as essential for travel, and 1 in 3 backpackers travel without insurance.

ACE European Group Limited (ACE), the firm behind ACE Traveller insurance (www.acetravellerinsurance.com), has teamed up with personal security experts red24, and gap safety specialists Objective Travel Safety, to offer some valuable advice to travellers taking a sabbatical, career break or gap year:

- 1** Plan your trip and research your destination. Look at culture, religion, environmental and political factors
- 2** Minimise the kit you take with you. Rucksacks should be no bigger than 80 litres
- 3** Lower your profile. Play the grey person, not the 'hot chick' (or guy!)
- 4** Look confident: aggressors tend to target nervous-looking people
- 5** Never give strangers details of where you are staying
- 6** Conceal high-value items such as cameras, mobile phones etc
- 7** Be aware of your companions – ask yourself, are they an asset or a liability?
- 8** Never trust anyone unless you know them very, very well
- 9** Never carry anything across borders for other people
- 10** Take out travel insurance

ACE Traveller Insurance offers free security information and advice through its partner, red24, as well as benefits such as search and rescue, and cover for more than 100 different sports and activities at no extra cost.

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